

Canadian Legal Resource Centre Inc.  
**CALL NOW!** Mon-Sat Daytime & Evening Appointments  
 403.229.2774 **FREE CONSULTATION**  
**UNCONTESTED DIVORCES**  
 Legal Separation Agreements  
 Spousal Land Transfers  
**www.canadianlegal.org**  
**CRIMINAL RECORD?**  
 Canadian Pardons  
 US Travel Waivers  
 Fingerprinting  
**21+ years experience**  
 Voted #1 Paralegal  
 Why pay more?

The world's largest global newspaper

# metro

CALGARY • TUESDAY, JULY 14, 2009

metronews.ca

Explore the many moods of **Moxie's**

Check out our **NEW LOOK** and **MAJOR EXPANSION** now open on 17th  
 Join us for your chance to see **U2** and **Black Eyed Peas LIVE** in Vancouver

17th AVE

**MOXIE'S CLASSIC GRILL**



A composite sketch of a suspect in a sexual assault.

## Suspect's sketch released

**CRIME** Banff RCMP have released a composite sketch of a suspect in the sexual assault of a woman over the weekend.

Police said the victim, who is in her 20s, was walking along Squirrel Street in a residential area when she was assaulted around 2:30 a.m. Sunday morning. The suspect beat the victim's face and head before sexually assaulting her.

The suspect is described as a Caucasian male who is five feet seven inches tall, 23 to 28 years old with a stocky build and short crew-cut hair.

Police believe the victim was also able to scratch the offender and he may have visible marks on his face.

METRO CALGARY

## FocusOn FirstNations

For the next week, Metro Canada will be focusing on First Nation and aboriginal news, community issues, arts and culture as part of a special series leading up to the Assembly of First Nations convention, July 21 through 23, in Calgary. Today

• Bernd Christmas on land treaties, pg 6

# City eliminates 70 jobs

30 laid off and 40 vacant positions slashed in effort to balance books

JOEL MESSNER  
for Metro Calgary



**"It is now incumbent upon us ... to start looking at the revisions that will be required in order to balance the books (in 2010)."**

Mayor Dave Bronconnier

**A budget shortfall has forced the city's hand, as pink slips were handed out to some city employees and other vacant positions were cut.**

The city has made 70 job cuts, with 30 people getting laid off and 40 unfilled positions being cut.

"The City of Calgary, like other governments and

other businesses, are facing declining revenues in some areas and that means there will be some tough decisions," said Mayor Dave Bronconnier.

According to Bronconnier, the city will be able to

balance its books and come in on budget for 2009, but 2010 is a different story.

"2010 is going to be a more challenging year, so as we look to 2010 it is now incumbent upon us as

an administrative group to start looking at the revisions that will be required in order to balance the books," he said.

To do this, Bronconnier suggested that the city has to proactively make changes to the current budget as a starting point.

According to Bronconnier, a \$20-million shortfall is forecast for 2010.

"We will not be running a deficit. We will balance the books and we will

move forward, making some tough choices in which to get there for 2010," said Bronconnier.

Bronconnier said that in order to achieve a deficit-free 2010, the city would have to look for savings in a variety of areas.

With the \$20-million projected shortfall still looming despite the cuts that were announced yesterday, more positions could face the chopping block.

## Stampede Back to the '60s



Calgary Stampede Demetris Summers, left, Jabari Arthur, right, and retired player Wayne Harris (1961-1972) show off some of the new retro Calgary Stampede uniforms from the '60s as the team moves toward heritage apparel for this Friday's game.

## Move ahead on ring road: Mayor

JOEL MESSNER  
for Metro Calgary



**MOTION** With Tsuu T'ina band members voting down the most recent southwest ring road proposal, the city has been forced to push ahead with new plans.

Mayor Dave Bronconnier presented an urgent motion to council yesterday that sought approval for an interchange at the 37th Street and Glenmore Trail intersection, with work beginning as early as next year.

"Calgarians have been very patient and have been waiting quite a long time," he said. He hopes council approves the motion so the city can immediately start working with the province.



Explore the many moods of **Moxie's**

Check out our **NEW LOOK** and **MAJOR EXPANSION** now open on 17th.  
 Join us for your chance to see **U2** and **Black Eyed Peas LIVE** in Vancouver.

1331 17th Ave SW • 403 228 1447 • moxies.com

17th AVE





# SAVING IS EASIER WITH A LITTLE HELP.

FOR EVERY \$100 YOU SAVE, WE'LL PITCH IN \$10 MORE.

## SIMPLY SAVE



With the Simply Save® program, when you use your debit card, a little money is automatically transferred into your savings account.

- Choose the amount you want transferred (50¢–\$5.00)
- Choose the savings account

Plus, sign up by July 24, 2009 and for every \$100 you save in your first year, we'll help with a \$10 bonus – up to \$200.

Check out how your savings can grow at  
[www.tdcanadatrust.com/simply](http://www.tdcanadatrust.com/simply)

**1-888-824-7300**



**Canada Trust**

Banking can be this comfortable



**QEI accident sends two to hospital**

Two people were taken to a Red Deer hospital after a crash along the QEI Highway near Innisfail yesterday morning, according to RCMP. Crews were called to an accident involving a horse trailer, motorcycle, SUV, two trucks and a small car around 11 a.m., causing the road to be shut down for several hours. **METRO CALGARY**

3

# Local



## Plan for action on waste services

A report is being brought forward tomorrow to the utilities and environment committee for the city to take action on improving the efficiency of the services provided by Waste and Recycling. The action plan states that increased operational efficiency, automated waste collection and a city-wide organics program are all needed.

METRO CALGARY

### Calgary in brief

**ENGINEERS** Engineers from more than 25 countries are converging in Calgary to discuss sustainable management of global natural resources. They will be making recommendations to political leaders and policy makers. Former Alberta premier Peter Lougheed will be the keynote speaker this morning.

**CATS** The MEOW Foundation is looking for more foster homes and donations, as the current homes are completely full with stray and abandoned cats. The foundation said that they usually see a dip in foster home applications and financial support at this time of the year. For more info call 403-230-6033.

**SUITES** With two secondary suites being applied for at council yesterday, council's differing outlooks on the suites were apparent. "We're encouraging secondary suites in our language and yet when it comes to actually approving them, we're making it as difficult as possible," said Ald. Druh Farrell.

**PLAN-IT** Ward 6 Ald. Joe Connelly's bid to have fellow aldermen revisit some of the density targets and other measures in the Plan-It Calgary document was de-railed, with the suggestion added to the dozens of amendments already slated for the document.

**ASTRONOMY** The Telus World of Science and their International Year of Astronomy programs have been a huge success, they said yesterday. As of the beginning of July, over 50,000 Calgaryans have attended programs.

**BREAKFAST** The State of Texas, the U.S. Commercial Service and the American Chamber of Commerce in Calgary are organizing an event for companies interested in investing in and/or expanding to the United States. It is called the Texas Forum Breakfast and will take place July 23, from 7:30-9 p.m. at the Hyatt in Calgary.

METRO CALGARY

## Couple win dream home

'I thought it was a joke,' says holder of Stampede lottery ticket

AMY GREGSON  
for Metro Calgary

**A phone call just after midnight yesterday awoke Candace Boychuk with good news.**

Boychuk was told that her ticket was the winner for the Rotary Dream Home valued at more than \$785,000 in the 2009 Calgary Stampede Lotteries.

"I thought it was a joke," said Boychuk when she heard she had won.

"It still hasn't sunk in. It doesn't seem like it's real," she said later in the day.

Boychuk and her boyfriend bought the winning ticket last Tuesday as they were leaving the Stampede.

"We walked by the booth and thought we might as well buy one while we're here," she said.

Boychuk said they plan on living in the house, but have no idea what it looks like because they didn't vis-



Candace Boychuk and Adam Paolucci have the winning ticket for the grand-prize custom-built home from the Stampede Rotary Dream Home Lotteries.

it the model at the grounds.

The 2009 Rotary Dream Home is a 2,283-square-foot home that is built in the southeast community of Walden.

"We're really happy and fortunate," said Boychuk.

Robert Koethler of Drayton Valley won the second

largest prize, the Lions Lucky Loot with a grand total of \$300,000 cash.

Other prizes included groceries for life and six different vehicle packages, including different boats, motorcycles and cars, totalling more than \$1.8 million.

Proceeds from the tick-

ets sales will support charities throughout southern Alberta through the Stampede's service club partners, Kinsmen Club of Calgary, Calgary North Hill Lions Club, Rotary Club of Calgary South and the Calgary Marching Show Band Association.

## Teams picked for home-building reality show

It was all fun and games on Citytv yesterday but the two families going head-to-head in a dream home competition will soon be hammering it out on television.

Citytv announced live on Breakfast Television yesterday morning the two families chosen from nearly 1,000 applicants to participate in the My Rona Home competition, pitting two families side-by-side building their dream homes, and the winning family will



James and Nicola Mooney of the Yellow team square off against Krystle Cottrell and Vernon McCarty of the Blue team.

keep their home, mortgage free.

My Rona Home host Elis-

sa Lansdell woke the two lucky families before the television show yesterday morning and brought them into the Citytv studios for the announcement.

"It was hard, I had to kind of toy with them a bit when I was telling them, but when I told them they were chosen it was so much fun," Lansdell said.

For the blue team, Krystle Cottrell and Vernon McCarty were chosen. They have a two-year-old child. For the

yellow team, James and Nicola Mooney were chosen. They have a two-year-old and a three-month-old.

Both families agreed they were part of an "opportunity of a lifetime" by being chosen.

"It's just incredible," Cottrell said.

Citytv will broadcast the show in the fall.

For more information visit citytv.com.

KRISTA SYLVESTER/  
METRO CALGARY

## Man arrested, charged in stabbing death

**INVESTIGATION** A suspect arrested for second-degree murder lived in the same building where James Dale Larter was killed, police said yesterday.

Police arrested and charged a man in connection with the city's 15th homicide stemming from an incident at an apartment in the 1000 block of 6th Avenue SW last Saturday, where police found 33-year-old Larter suffering from stab wounds. He died in hospital from his injuries two days later.

"(The suspect) was arrested in the same building. (The victim) was found in the hallway," Homicide Staff Sgt. Doug Andrus said, adding the victim didn't live in the apartment.

"They were associates." Andrus was tight-lipped on details but did say the suspect is before the courts on an unrelated matter and is known to police, though not to the gang unit.

Police charged Chang Yong Yun, 29, of Calgary with second-degree murder.

KRISTA SYLVESTER/METRO CALGARY

metronews.ca

What's online today.

**Blogs** It's Called Football show updates TFC's progress on signing Julian De Guzman and speaks to Colin Miller of the Victoria Highlanders.

**Your Money** Allan Small on how to seize the opportunity from the recent market pullback at metronews.ca/investing



Explore the many moods of

# Moxie's

Check out our NEW LOOK and MAJOR EXPANSION now open on 17th.  
Join us for your chance to see U2 and Black Eyed Peas LIVE in Vancouver.

17th AVE

1331 17th Ave SW • 403 228 1447 • moxies.com

# Canada/World

## News in brief

**AWARDED** He is no Mother Teresa, but Jean Chrétien now has something in common with the late nun of Calcutta. Queen Elizabeth II appointed the former prime minister of Canada to the Order of Merit yesterday — a rare distinction that has been conferred upon the likes of Florence Nightingale and T.S. Eliot. "What can I say?" Chrétien, 75, said yesterday. "I take it as a great compliment and I accept it with some humility. I did my job as best I could and Her Majesty was gracious enough to recognize that."

**IMMIGRATION** Canada is taking steps to dam the flood of asylum seekers entering the country from Mexico and the Czech Republic by slapping visa restrictions on visitors, Immigration Minister Jason Kenney has announced. The move is aimed at what the federal government believes are the thousands of bogus refugee claimants that have attempted to move to Canada from the two countries in the last few years, but was swiftly decry by both nations.

TORSTAR NEWS SERVICE

## Family was wary of wife, says pal

Gatti's brother believed spouse 'set him up': Trainer

**As news of champion boxer Arturo Gatti's death filtered out Saturday from the Brazilian resort where he had gone to meet his wife in an apparent attempt to reconcile a rocky marriage, his family members were paralyzed with shock, hoping it was a mistake.**

But when Amanda Carine Rodrigues, 23, was charged Sunday with murdering her husband by strangling him with her purse strap, there was no surprise, friends of the family say.

Gatti's older brother, Joe, didn't mince words in speaking to boxing trainer Howard Grant on Saturday, before news of the murder charge broke.

"He said, 'I think his wife set him up. The woman

was no good,'" Grant said. Ivano Scarpa, a long-time friend who also spoke to Joe Gatti on Saturday, said both he and Joe Gatti thought it suspicious that the death occurred in Rodrigues's home country of Brazil. Gatti's financial success also gave them pause.

"The fact that they weren't on the best of terms, was it a smart move for him to have tried (to rekindle the relationship) again?" Scarpa said.

"It's a tough call, a question we were asking ourselves. We believe he shouldn't have gone down. But when there's love — she's also the mother of his son."

Rodrigues denies being involved in her husband's death.

TORSTAR NEWS SERVICE

## Renewed unrest in Xinjiang

**CHINA** Chinese police shot dead two people yesterday in renewed unrest in the northwestern region of Xinjiang, state media said, after at least 184 people died in riots last week.

The official Xinhua news agency said the two people killed in the regional capital Urumqi were Uighur. Police were trying to stop them attacking another Uighur when the security forces opened fire, the report said. Another Uighur was injured. Of the official death toll from the July 5 riots, 137 were Han Chinese, who form the majority of China's 1.3 billion population, and 46 were Uighur, a Muslim people native to Xinjiang and culturally tied to Central Asia and Turkey.

Uighurs attacked Han Chinese in Urumqi that day after police tried to break up a protest against fatal attacks on Uighur workers at a factory in south China. Han Chinese in Urumqi launched revenge attacks later in the week.

REUTERS



Police watch an ethnic Uighur woman and her son cross the road near where an incident involving a group of ethnic Uighurs and Chinese soldiers occurred a few hours earlier in Urumqi yesterday.

## Service Canada Centre for Youth Centre Service Canada pour jeunes

The Service Canada Centre for Youth in Calgary invites you to its Youth and Volunteer Fair.

**When:** Thursday, July 16, 2009  
5:30 p.m. to 7:30 p.m.

**Where:** Kahanoff Centre  
1202 Centre St. SE, Suite 201  
Calgary, Alberta T2G 5A5

**Who:** Employers and youth between the ages of 15 and 30.

**Why:** Come check out all the volunteer opportunities in Calgary and get information on Government of Canada youth programs and services.

Call us at 403-292-4001 to sign up today!

Le Centre Service Canada pour jeunes de Calgary vous invite à la foire des jeunes et des bénévoles.

**Date :** Le jeudi 16 juillet 2009  
De 17 h 30 à 19 h 30

**Lieu :** Kahanoff Centre  
1202, rue Centre S.-E., salle 201  
Calgary (Alberta) T2G 5A5

**Participants :** Employeurs et jeunes de 15 à 30 ans.

**Objectif :** Venez vous renseigner sur les occasions de bénévolat à Calgary ainsi que sur les programmes et services offerts aux jeunes par le gouvernement du Canada.

Appelez-nous au 403-292-4001 pour vous inscrire dès maintenant!

For more information:

Pour de plus amples renseignements :

Click / Cliquez servicecanada.ca  
Call / Composez 1 800 O-Canada (1-800-622-6232)  
(TTY / ATS : 1-800-926-9105)

Visit / Visitez a Service Canada Centre for Youth  
un Centre Service Canada pour jeunes

Service  
Canada

People serving people  
Au service des gens

## Germany charges accused Nazi death camp guard

**WAR CRIMES** German prosecutors charged suspected Nazi death camp guard John Demjanjuk yesterday with helping to kill nearly 28,000 Jews in the Second World War, setting the stage for what could be Germany's last big Nazi war crimes trial.

Nazi hunters welcomed the announcement, which follows years of legal arguments over the wartime activities of 89-year-old Demjanjuk, who denies any role in the Holocaust.

Prosecutors said the long-time Ohio resident, who has been held in a jail in southern Germany since May 12 after he was deported from the United States, would be tried in a Munich court, but did not

specify when.

Demjanjuk was stripped of his U.S. citizenship after he was accused in the 1970s of being "Ivan the Terrible," a notoriously sadistic guard at the Treblinka death camp.

He was extradited to Israel in 1986 and sentenced to death in 1988, but Israel's Supreme Court overturned his conviction when new evidence showed another man was probably "Ivan."

The accused regained his citizenship, but the U.S. Justice Department refiled its case against him in 1999, arguing he had worked for the Nazis as a guard at three other death camps.

His citizenship was stripped from him again in 2002.

REUTERS

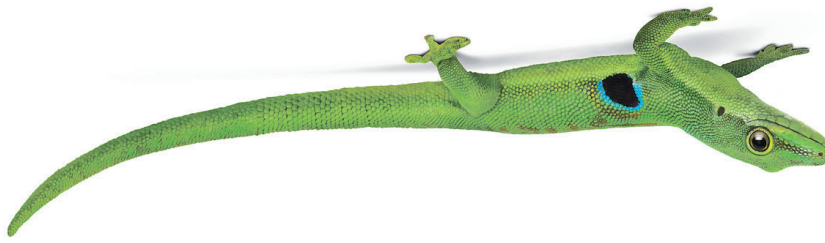
## News in brief

**AFGHANISTAN** Vowing to win insurgents over to the political process, Afghan President Hamid Karzai flew to the Taliban heartland of Kandahar yesterday on his first major campaign tour for next month's presidential election. **U.S.** Republican lawmakers pressed an attack against U.S. Supreme Court nominee Sonia

Sotomayor yesterday, fighting an uphill battle to derail her nomination by President Barack Obama as the first Hispanic justice on the top U.S. court. Sotomayor was widely expected to win confirmation on the ideologically divided nine-member court which rules on key constitutional issues.

REUTERS





# Elevate your entertainment with a FREE PVR.



With all digital TELUS TV® you will:

- Enjoy superb picture and sound quality
- Start with 76 channels, including 45 commercial-free music channels
- Get access to HD Video On Demand

Plus, sign up now and receive a FREE HD PVR rental\*.

Add TELUS TV to  
a home bundle for

**\$20**/mo.†

 **TELUS**  
the future is friendly®

Call 310-1144 or visit [telus.com/gettv](http://telus.com/gettv) or your nearest TELUS authorized dealer.

#### TELUS AUTHORIZED DEALERS

##### Northwest

Market Mall  
North Hill Mall  
Northland Mall

##### Northeast

Sunridge Mall  
Deerfoot Mall  
Marlborough Mall  
511 - 500 Country Hills Blvd. NE  
Calgary Airport

##### Southwest

Chinook Centre  
Southcentre Mall  
TD Square  
Bankers Hall  
Westbrook Mall  
237 - 255 5th Ave. SW  
203 - 321 6th Ave. SW  
245 - 225 7th Ave. SW

##### Southeast

856 - 33 Heritage Meadows Way SE

\*Free PVR rental available with a 2 or 3 year service agreement. †Offer available with a 1, 2 or 3 year service agreement until August 4, 2009 to residential clients who have not subscribed within the past 90 days to TELUS TV service and who have TELUS High Speed Internet or TELUS Home Phone service. \$20 includes the Essentials which includes 76 pre-selected channels. Further customization is available for an additional cost. TELUS reserves the right to change the channel lineup. © 2009 TELUS.



## LOCAL

Publisher, Steve Shrout  
Managing Editor, Darren Krause

Distribution Manager, Dave Mak

## NATIONAL

Group Publisher, Bill McDonald  
Editor-in-Chief, Dianne Rinehart

Assoc Managing Editor, Tarin Elbert  
Enter/Lifestyle Editor, Dean Lisk  
Asst Managing Editor, Amber Shortt

Art Director, Laila Hakim  
National Sales Director, Peter Bartrem  
Interactive/Mktg Director, Jodi Brown

# Comment & Views

EDITOR: MIKE.DEREZYCKY@METRONEWS.CA

## Comment

# Order not without merit for Chrétien

## NationalReport



metronews.ca/nationalreport

The online comment boards lit up yesterday with news the Queen was bestowing the highly prestigious Order of Merit on Jean Chrétien.

Many wondered how the monarch could do such a thing? You're getting senile, Queenie, they said. The guy was a political Soprano. Got lucky because he had no opposition.

As with so many political careers, you can fashion your rating for Chrétien by selectively choosing either the negative or positive.

The negative? The sponsorship scandal, Shawinigate, GST flip-flopping, the gun registry fiasco, mili-

tary helicopters, the APEC controversy, his pedestrian manner, his overcentralizing of power, his being hounded out of office by his own party. Fixate on these, and you've got a loser. Yep, the Queen has gone batty.

The positive? Balancing the terribly-red books, leaving the economy in great shape, pushing back separatism with the Clarity Act, telling George W. Bush where to get off on Iraq, defending the ordinary

people against corporate interests, winning three straight majority governments. Fixate on these — and it's a different story.

Chrétien was a narcissistic politician who viewed politics as sport. For him, it wasn't about ideals so much as the ego-gratification of winning. At the same time, he was a leader of conviction with rock-hard Canadian values. He hated ideology because "when you're doctrinaire, you're always looking to

justify your doctrine." He never liked the rich because the rich, he said, always wanted more. "It's very dangerous," he said once, "when you find comfort with the big shots."

He was a consolidator, not an innovator, a pragmatist, not an intellectual. He mingled with the elites but down deep was never one of them.

He bore grudges. Offend him and he would take you down. But Jean Chrétien loved the country and

wasn't dour or mean-spirited. At root he was a bullish champion of salt-of-the-earth Canadian values.

Despite all his shortcomings, this is where his significance lies. Through four decades in the political maelstrom, he stood up for what this country means like few others ever have. For that he is deserving of high honours.

Lawrence Martin is a journalist and author of 10 books who writes about national affairs from Ottawa.

## Views

# Time to clean the slate on land treaties



Bernd Christmas

Canada's constitution of 1867 and the 1981 Charter of Rights are old pieces of paper. Old documents that have no meaning in today's age. We should rid ourselves of these and start over.

Prepare the ramparts, it's go time!

Logic would say it doesn't make sense. Our societal and legal foundations come from these writings. No one would question the need for a system that keeps order and ensures that our collective and individual human rights are upheld.

So why is it a different set

of rules when it comes to dealing with the legitimate land claims of our approximately 1.5 million Aboriginal Peoples? People that have been on this land mass for thousands of years. People that have been displaced and forced onto parcels of land called "reserves."

Around the late 1960s, Aboriginal Peoples began to place legitimate land claims before the government of Canada. Those claims now total 1,046, only 272 of which have been settled since 1972. While government position has progressed, the basic premise is this: Any claim must first be approved by the government before it can proceed.

Does that make sense? For example, if you want to remove burglars from your

## FocusOn First Nations

**Editor's Note: This is the first of a series of columns focusing on First Nations and Aboriginal issues leading up to the Assembly of First Nations convention, July 21-23, in Calgary.**

house, then you call the cops. Land claim policy is the opposite. In the case of your home, you would first have to ask the burglars if it's OK to call the cops!

The issue is that we believe our system of law is there to protect us. So we must ensure that all people are protected, including Aboriginal Peoples.

Land claims must move forward in a legitimate and effi-

cient manner. They can't be slowed down by governments that are afraid that the use of those old sacred treaties signed by chiefs with European monarchs is a waste of time, too costly, and meaningless. Treaties are the most sacred form of recognition between two parties. If Canada is a democracy, then elected leaders must clean the slate with the Aboriginal Peoples.

The government apologized to Aboriginal Peoples who endured the brutality of residential schools. Why can it not apologize and own up to the treaties signed by previous governments?

Bernd Christmas is a Mi'kmaq lawyer practising Aboriginal and corporate law with the Bernd Christmas Law Group in Toronto.



Tell us your views by email to [calgaryletters@metronews.ca](mailto:calgaryletters@metronews.ca) or comment on [metronews.ca](http://metronews.ca) or on Twitter @metrocalgary

Letters must include sender's full name, address and phone number — street name and phone numbers will NOT be published. We reserve the right to edit letters.

METRO Calgary 3030 — 3 Avenue NE, Suite 120, Calgary, AB T2A 6T7, Tel: 403-444-0136; Fax: 403-539-4940; Advertising: [adinfo@metronews.ca](mailto:adinfo@metronews.ca); [calgary\\_distribution@metronews.ca](mailto:calgary_distribution@metronews.ca); News: [darren.krause@metronews.ca](mailto:darren.krause@metronews.ca)



**VERTICA**  
RESIDENT SERVICES

Apartment hunting  
made easy  
**vertica.ca**

text APT INFO to 23333  
for more info\*

\*Carrier charges may apply.

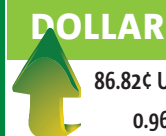


**McGraw-Hill looking to sell BusinessWeek: Source**

McGraw-Hill is trying to sell BusinessWeek magazine, a source told Reuters yesterday, at a time when media advertising sales are slumping and would-be buyers for newspapers and magazines are scarce. McGraw hired boutique investment bank Evercore Partners Inc. to manage the sale, said the source. **REUTERS**

7

# Business



EDITOR: FERMIN.DESOUZA@METRONEWS.CA

## Missing Montreal financier's clients stunned

**Scott Hallman, 27, was driving home to Kingston, Ont., on Friday when he heard a report on the radio that a Montreal area financial adviser had gone missing and his firm's assets were frozen.**

Hallman thought it

might be a mistake. But he knew it was for real when he stepped in his house and his mother asked if he'd heard the news about Earl Jones.

Authorities allege that Jones, through his firm, Earl Jones Consultant &

### Never licensed

• Investors are now learning that Jones was never licensed to handle money from investors.

Administration Corp., was

operating a multimillion-dollar Ponzi scheme worth between \$30 million and \$50 million. Quebec's stock market regulator, L'Autorité des marchés financiers, froze Jones' bank accounts last week but little remained.

Authorities still have not been able to locate Jones. His clients are mostly from the Montreal area, but also reside in other parts of Ontario and the U.S., authorities say.

Investors and their families are reeling from the

shock. "I may not be able to return to university in September," Hallman said in an interview yesterday.

Montreal police said yesterday they would like to hear from anyone who gave money to Jones.

**TORSTAR NEWS SERVICE**

## Microsoft to move Office suite to web

**TECHNOLOGY** Microsoft Corp. will release three versions of its dominant Office software that users can access over the web, catching up with products that rival Google Inc. launched three years ago.

It is the latest salvo in an intensifying war between Microsoft and Google, which announced plans last week to challenge Windows with a free operating system. Microsoft introduced a new search engine, Bing, last month.

"Microsoft is finally making the conversion to the web-based world. First, we saw that through Bing. Now we are seeing that through Office," said Jefferies & Co. analyst Katherine Egbert.

Analyst Katherine Egbert

Microsoft will offer for free to consumers web-based versions of its Office programs, including a word processor, spreadsheet, presentation software and a note-taking program.

Microsoft will also host one business version of Office at its own data centres, charging companies a yet-to-be-announced fee. Companies with premium service contracts can run a second web-based version from their own data centres at no extra cost. The company hopes to make money by using the free software to lead users to its ad-supported websites, including Bing.

**REUTERS**

**Certified pre-owned**

**0.9% APR up to 24 months\***

**New, with experience.**

- Up to 6-year/120,000-kilometre limited warranty\*
- Industry-leading 300+ point inspection
- CARFAX Vehicle History Report
- 24/7 Roadside Assistance

**Audi**

**For the location of your nearest Audi dealer, visit [audi.ca/certified](http://audi.ca/certified) or call 1-800-FOR-AUDI.**

© 2009 Audi Canada. \*Whichever occurs first. Maximum coverage available if there is remaining coverage from the Audi New Vehicle Limited Warranty. Audi CPD Limited Warranty effective for up to the earlier of 2 years/40,000 km. \*Limited time finance offer available through Audi Finance, on approved credit. 0.9% APR financing available for up to 24 months on all 2004-2009 A4 models. Example: MSRP of \$27,900.00 for a 2006 Audi A4 2.0T quattro Sedan with automatic transmission financed at 0.9% APR for 24 months, equals \$1,325.97 per month. Dealer may sell for less. Down payment or equivalent trade-in, due at signing, may be required. Cost of borrowing is \$296.28 for a total obligation of \$31,823.28, including taxes and finance charges. PPSA, license, insurance, registration, any dealer or other charges and options extra. Offer valid until October 1, 2009 and may change or be withdrawn at any time without prior notice. Dealer order/trade may be necessary. "Audi", "A4", "quattro", and the four rings emblem are registered trademarks of AUDI AG. "CARFAX" is a registered trademark of CARFAX, Inc. To find out more about Audi or for more details, see your dealer, call 1-800-FOR-AUDI, or visit [www.audi.ca/certified](http://www.audi.ca/certified).

## New York Double-doubles in the Big Apple



Tim Hortons Inc. began serving its coffee, baked goods and soups and sandwiches in 12 locations in New York City, including this one in Midtown Manhattan for the first time yesterday.

## Strike begins at Vale Inco mines

**LABOUR** Unionized workers at Vale Inco's nickel mine in Sudbury and its nickel refinery in Port Colborne, both in Ontario, went on strike at midnight yesterday, after rejecting the company's contract offer over the weekend.

The strike won't have any immediate impact on nickel output because Vale had closed the Sudbury

mine through the end of July because of low nickel prices.

Negotiations between Vale Inco — the nickel mining and processing division of Brazil's Companhia Vale do Rio Doce — and its Sudbury union broke down as the two sides failed to agree on bonuses, pensions and other issues.

**REUTERS**

### Business In brief

**AIRLINE** Pilots at Air Canada have narrowly voted in favour of a 21-month work and pension agreement, the union said yesterday. The airline has said lenders want labour peace before they will consider new loans to the carrier, which needs \$600 million in order to stave off its second bankruptcy

filing in six years. **BAIL** Former Stanford International Bank chief financial officer James Davis was granted \$500,000 US bail yesterday and plans to plead guilty to charges related to an alleged \$7 billion US Ponzi scheme as early as next week, his lawyer said.

**REUTERS**



# BIG HOME small price.



## Room to grow at a price you can afford.

Semi-detached units in the lake community of Auburn Bay. Choose from our bungalow or two-storey options and customize your home to reflect you. With our four unique and spacious floorplans to choose from, we have one that echos your lifestyle.

Semi-detached units starting from the \$270's.

**ECHOS**  
of Auburn Bay

by  
**DISCOVERY**  
HOMES

Calgary's Builder of the Year  
for 8 Consecutive Years

Customer Choice Award  
for 4 Consecutive Years



6 & 10 Autumn Green SE  
T 403.453.5708

W discoveryhomes.net/echos  
E echos@discoveryhomes.net

Showhome Hours | Mon - Fri 12 - 8 pm | Fri Closed | Sat, Sun & Holidays 12 - 5 pm

discoveryhomes.net

metro

metronews.ca

Tuesday, July 14, 2009

## 8 business

### Your Money

Interest rates/Savings accounts  
METRO NEWS SERVICES

EDITOR: NINA.DRAGICEVIC@METRONews.CA

BMO	CIBC	HSBC	ICICI	ING
1.0%	0.75%	1.05%	1.6%	1.35%
PCF	RBC	SBIC	Scotia	TD
0.75%	0.75%	1.6%	0.75%	0.75%

**HISAVE** Savings Account

1.60% CS

Apply online: [icicibank.ca](http://icicibank.ca)

**ICICI Bank**

All interest rates are expressed on a per annum basis and are subject to change any time without notice. Interest on HISAVE Savings Account is calculated on the daily closing balance and paid monthly. ICICI Bank and logo and the HISAVE name are registered trademarks.

Note: Please check bank websites as some rates require a minimum account balance.

## Ask about everything

Alison OnMoney

**Alison Griffiths**

metronews.ca/alisononmoney

Note to Wall Street, Bay Street and all the other global avenues of finance — the next time, boys and girls, you feel a question welling up about where you're investing this billion or that trillion, make sure it gets answered before you make the buy. I'm not saying that the last five years of accounting scandals, not to mention the asset-backed commercial paper implosion and the sub-prime mortgage meltdown, wouldn't have happened if a few questions had been asked and answered.

But it is clear that at least some of the mess could have been avoided if a few key people made one

simple query. What the heck is this product anyway?

The lesson to be learned here is to ask questions about your investments. Don't have any, you say?

If you have an RRSP, RESP, TFSA (Tax Free Savings Account) or RDSP (Registered Disability Savings Plan), then you are an investor. And it's critical to understand what you're buying for any of these accounts when you make your contributions.

The only way to do that is to ask questions.

There's no such thing as a stupid one, by the way. Not all salespeople will understand everything they sell but the good ones won't cover it up by offering some version of, "My firm believes it's a good investment," all dressed up with confusing jargon.

One of the best ques-

tions to ask is about the potential for loss in worst case situations such as March 2009 or November 2008 when the markets posted record lows.

For example, many bought hedge funds thinking they were essentially virtually risk-free GICs. With a clear picture of the downside I doubt whether the average person would have touched them.

The bottom line is that if you don't thoroughly understand an investment product — walk away. You would be better off parking your money in a safe and sound bond or GIC than risk losing it on something you don't comprehend.

Alison Griffiths is a financial journalist, author and host of Maxed Out on the W Network. Write to her at [alison@alisongriffiths.ca](mailto:alison@alisongriffiths.ca).

**Alison's Money Rule:**

- When it comes to investing your money, there's no such thing as a stupid question.

**mogo**

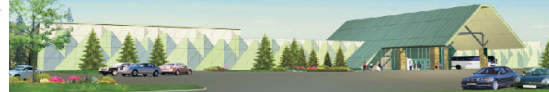
borrow up to \$1500 instantly.

[mogomoney.com](http://mogomoney.com)

no hidden fees



**Come. Play. Enjoy.**  
**Grey Eagle Casino & Bingo**



**"TWO" More AFTERNOON BINGO EVENTS EFFECTIVE JULY 17, 2009**

Starting Friday, July 17, 2009 - Grey Eagle Bingo will now offer **THREE AFTERNOON EVENTS** Every Friday, Saturday & Sunday

**Come Play our Afternoon "BINGO OLYMPICS"**  
Friday July 17th and Saturday July 18th  
Door Prizes, Giveaways, Sales 11:30 am, Nickels 12:15 pm

See In-Hall for "FULL NEW PROGRAM" DETAILS or visit [www.greyeaglecasino.ca/bingo](http://www.greyeaglecasino.ca/bingo)

Mon-Sun Evenings: Sales 5:00pm, Nickels 6:15pm  
Mon-Sat Late Nights: Sales 9:00pm, Games Begin: 10:15pm  
Fri-Sun Afternoons: Sales 11:30am, Nickels: 12:15pm

3777 Grey Eagle Drive SW  
Info Line: 403-240-4090

[www.greyeaglecasino.ca/bingo](http://www.greyeaglecasino.ca/bingo)  
Progressive Pots: [www.bingoconnection.ca](http://www.bingoconnection.ca)

**Lemaire deals with the Devils**

Jacques Lemaire is returning for a second stint as coach of the New Jersey Devils. Lemaire led the Devils to the Stanley Cup in 1995. **METRO NEWS SERVICES**

9

# Sports

EDITOR: CHRIS.CLEMENTS@METRONWS.CA

## Doc gets the nod

Jays ace Halladay to start all-star game for A.L.

**Toronto Blue Jays ace Roy Halladay and San Francisco Giants righty Tim Lincecum have been selected as the starting pitchers for the 2009 all-star game tonight at Busch Stadium in St. Louis.**

American League manager Joe Maddon of the Tampa Bay Rays and National League skipper Charlie Manuel of the World Series champion Philadelphia Phillies made the announcements at a news conference yesterday, also laying out the starting lineups for their respective teams.

"It's very difficult to pick that one guy," Maddon said about choosing the starting pitcher, adding Kansas City's Zack Greinke was also part of the mix. "It's not an easy decision to make. Based on this season and the body of

work, I thought he deserved the nod."

Halladay has been rumoured to be on his way out of Toronto, as Blue Jays general manager J.P. Ricciardi recently indicated that he would be willing to deal his top pitcher for the right package.

"It's tough," Halladay said about the subject of trade rumours. "It's somewhere I



Roy Halladay

**"When you do get a chance to be that first one out, it's special."**

Roy Halladay

joy being, but it's what's going to be best for the organization. It has been tough because I enjoy Toronto so much."

The 2003 AL Cy Young winner, Halladay owns a record of 10-3 with a 2.85 earned run average in 17 starts this season. He spent some time in June on the 15-day disabled list with a strained groin and is 0-2 in three starts since returning from the injury.

Halladay becomes the third different Blue Jay to start an all-star game, joining David Wells in 2000 and Dave Stieb in 1983 and '84.

"When you do get a chance to be that first one out, it's special," Halladay said. "It doesn't happen very often. It's a special feeling."

METRO NEWS SERVICES

## Prince crowned king at home run derby

**BASEBALL** Milwaukee first baseman Prince Fielder captured the 2009 Home Run Derby, beating Texas outfielder Nelson Cruz in the final round last night at Busch Stadium.

The 25-year-old Fielder became the first player from the Brewers to win the competition, held in advance of today's all-star game. He had six homers

in the final round to five for Cruz.

Fielder, who will be on the field today as an all-star for the second time in his career, participated in the 2007 Derby and was eliminated in the first round. He has already established a new franchise record with 78



Prince Fielder

RBI prior to the All-Star break, and showed great power with his left-handed swing last night, clubbing the longest homer, measured at 503 feet in the second round. "I was just happy to be able to put on a show and glad I won," said Fielder.

METRO NEWS SERVICES

### Sports in brief

**TOUR DE FRANCE** Alberto Contador shrugged off Lance Armstrong's talk of tensions within the Astana team, saying yesterday he would let nothing distract him on his quest for a second Tour de France victory. Seven-time champ Armstrong said Sunday that having two strong co-leaders on the team was not without its problems.

**TENNIS** The WTA Tour has named Welland, Ont., native Stacey Allaster as its new chairman and chief executive officer. Allaster has been the president of the women's professional tennis circuit since 2006. In her

new post, Allaster succeeds Larry Scott, who left the WTA to become the commissioner of the Pac-10 conference.

**DEFECTED** Cuban pitcher Aroldis Chapman, who defected from the Caribbean nation earlier this month after arriving with his national team for a tournament in the Netherlands, has signed with an agent. If Chapman follows the path of previous Cuban baseball players who defected, he would establish residency outside the U.S., and become a free agent.

METRO NEWS SERVICES

### ACCESS LEGAL RESEARCH INC.

- CRIMINAL PARDON / U.S. WAIVER
- 24 HR CRIMINAL RECORD CHECK
- FINGERPRINTING
- LOW COST NO FAULT DIVORCE
- SMALL CLAIMS COURT TO 25K

**CALL 403-228-2469**

## Home Phone Lines

✓ **ALL FEATURES FREE!**

comwave <sup>®</sup> Enhanced	comwave <sup>®</sup> Unlimited Canada	comwave <sup>®</sup> One-Rate
<b>\$14.95</b> /month UNLIMITED Local Calling	<b>\$19.95</b> /month UNLIMITED Calling to Canada	<b>\$29.95</b> /month UNLIMITED Calling to Canada & U.S.A.
		
✓ All Features FREE	✓ All Features FREE	✓ All Features FREE

**Keep Your Existing Phone Number!**

### All Features FREE

- ✓ Voicemail
- ✓ Caller ID
- ✓ Call Waiting
- ✓ Call Forwarding
- ✓ Free Comwave to Comwave calls WORLDWIDE!



### LIMITED TIME OFFER

**6 MONTHS FREE!**

- SATISFACTION GUARANTEED!
- KEEP YOUR EXISTING PHONE NUMBER!

### LONG DISTANCE

**LOWEST RATES TO EVERY COUNTRY IN THE WORLD... GUARANTEED!**  
**CALL TODAY AND LET US BEAT THE RATE YOU'RE CURRENTLY PAYING!!**

comwave<sup>®</sup>

comwave.ca

Comwave will not rate match against charity or internet services, bundled minute plans or prepaid calling cards due to their inaccurate billing criteria. Home Phone Lines: \* Volp 911 has certain limitations versus traditional 911. The rates are based on a 3 year term, 6 Months Free - You get 3 months free immediately upon activation of the service. Get an additional 3 months free if you transfer your existing Home Phone Line to Comwave within the first 3 months. Satisfaction Guaranteed within 90 days. If you are not 100% satisfied, you may cancel your home phone service no questions asked. The option to keep your existing phone number may not be available in all areas.



# Health & Beauty

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

## Service Directory

To advertise contact Blaine Schlechter at 403-444-0136

### PSYCHIC

#### THE GREAT OF THE GREAT MEDIUM & SPIRITUAL HEALERS HERITED TO GENERATION RENOWNED INTERNATIONAL



Are you searching for solutions to your problems?  
It's never too late to find answer.  
Madia has 28 years experience as a spiritual healer  
reuniting loved ones, maintaining harmony in couples,  
preventing separation, improving business success,  
protecting against negativity and evil spells.  
100% results Guaranteed in 48 hours.

**100% RESULTS GUARANTEED IN 48 HOURS**  
CALL MADIA AT 403-475-2589 OR 403-305-2129

#### STAPHA —AFRICAN PSYCHIC

Reuniting Loved Ones • Stopping Divorce  
Removing Bad Spirits • Success in Business  
Healing Protection

**RESULTS GUARANTEED**  
**403-802-0367**

### FINANCIAL

**\$500\$**  
**loan service**  
by phone, no credit  
refused, quick and easy,  
payable over  
3, 6, or 12 installments.  
**Call toll free:**  
**1-877-776-1660**

#### TAKE A VIDEO BREAK

Visit [metronews.ca](http://metronews.ca) to watch  
*metrotube* of the day

The video everyone's  
talking about.

### DIVORCE

**QUICK, EASY, INEXPENSIVE**  
**DIVORCE**  
**LOWEST PRICES** From \$399  
**IN CALGARY**  
10 years as family mediators and out-of-court divorce specialists  
**Call now 403-477-8895**  
**divorceeasy499@yahoo.ca**

### OPTICAL

**GOLDEN OPTICAL**  
PROFESSIONAL SERVICES • 1 HOUR SERVICE AVAILABLE  
*Designer Frames*  
**UP TO 50% OFF**  
**GOLDEN OPTICAL**  
Dragon City Mall  
#115, 328 Centre St. S.  
Calgary 403-262-8123  
**GOLDEN OPHTHALMIC**  
Harvest Hills Crossing  
1117, 9650 Harvest Hills Blvd. NE  
Calgary 403-263-6123  
Offer Expires July 31, 2009

## DRAMA. SUSPENSE. COMEDY.

Visit [metronews.ca](http://metronews.ca) to watch *metrotube* of the day

## Lovely hair, clean planet

Plenty of eco-friendly options to beautiful hair

**You want the best for your hair, but you also want to be kinder and gentler to the environment.**

Good news! There's a new generation of natural hair care products that will help you feel good about the environment without sacrificing the look of your locks.

While certainly not as natural as brushing organic patchouli oil through your tresses and calling it a day, these products are more ecologically sound than most shampoos and conditioners on the market and will leave your hair silky, shiny and free from the dreaded residue often associated with natural hair care products.

#### Schwarzkopf Professional

Schwarzkopf Professional's Essensity line features shampoos, conditioners, styling products and gorgeous ammonia-free hair colour that is 90 per cent natural — so why not go all the way?

"In order to not compromise performance of product, at this point you still have to have some synthetic ingredients," explains Kelly Cook, technical adviser for Schwarzkopf. Their



Schwarzkopf Professional's Essensity line and Simply Organic's Everyday Hair are among the many products available that will not just breathe new life into your hair but protect the planet as well.

amazing Clarifying Shampoo contains organic Eucalyptus essences and is 100 per cent free from artificial colour, artificial fragrances, silicones, PEG's and parabens. Schwarzkopf also have an impressive tropical reforestation initiative in place. (\$15.75 at [schwarzkopf-professional.com](http://schwarzkopf-professional.com)).

#### Simply Organic

If you're looking to add lustrous shine to your hair naturally, then Simply Organic's Everyday Hair and Scalp Wash and Rinse is a one-two punch. Made with olive leaf extracts and free from parabens, you'll defi-

nately feel good about using it.

Unexpected bonus No. 1: It totally smells like root beer. Unexpected bonus No. 2: In a pinch, the Everyday Hair and Scalp Rinse does brilliant double duty as a shaving cream. (\$26 at [simplyorganicbeauty.com](http://simplyorganicbeauty.com)).

#### Nature Clean

For those with allergies and sensitivities to fragrances personal care products, Nature Clean is a veritable dream come true. The Canadian owned-and-operated company's Herbal Shampoo and Conditioner is 99.9 per cent natural, hypoallergenic and un-

scented. Best of all, your hair has never looked or felt better. (\$8.99 at [naturecleanliving.com](http://naturecleanliving.com)).

#### Dr. Hauschka

Containing macadamia nut oil and orange oil as well as extracts of fennel and rosemary, Dr. Hauschka's Macadamia and Orange Shampoo for normal hair leaves you smelling like a spice rack and rinses squeaky clean.

Instead of using much-maligned ingredients like sodium lauryl sulfate, a sugar-based surfactant is used to create a sexy lather. (\$19.95 at [drhauschka.ca](http://drhauschka.ca)).

#### Aveda

Aveda have launched their Sun Care line, featuring a Hair and Body Cleanser that removes chlorine and salt build-up and contains natural ingredients such as Tamanu oil, certified organic coconut oil and green tea extract.

It's packaged in 80 per cent post-consumer recycled high-density polyethylene and is scented with Aveda's 100 per cent certified organic signature Pure-Fume blend. (\$24.50 at [aveda.com](http://aveda.com)).

## Creating Beautiful Hair ... Naturally

*Prairie Naturals*

Prairie Naturals award-winning hair care products are formulated with natural ingredients to give you beautiful, healthy looking hair without the questionable additives.

Prairie Naturals hair care products do NOT contain:

- Parabens
- Sulfates
- DEA, MEA & TEA
- Propylene Glycol
- Petroleum Jelly
- Petrolatum
- Soft Paraffin
- Mineral Oil
- Phthalates
- Synthetic Colours
- Artificial Fragrances



#### Hair-Force

- Promotes beautiful, healthy hair and skin
- Minimizes hair loss and thinning
- Enhances hair lustre and shine
- Rich source of B vitamins and biotin



Available at Fine Health & Nutrition Stores  
in your Neighborhood

Call us Toll Free at 1 800 931-4247 [www.PrairieNaturals.ca](http://www.PrairieNaturals.ca)

### Travel haircare

Forget 'experimenting' with hotel shampoo and conditioners, travel in luxury with Schwarzkopf Professional's two new travel trio kits.

- For stressed locks, there's the Cashmere Travel Kit. It contains the Seah Cashmere Bath Shampoo (50ml), the Seah Cashmere Wrap Conditioner (50ml) and the Seah Cashmere Masque (30ml).
- For colour-treated locks, there's the Blossom Travel Kit. It contains the Seah Blossom Bath Shampoo (50ml), Seah Blossom Wrap Conditioner (50ml) and Seah Blossom Masque (30ml).
- Both kits come with a free mini travel pouch and cost \$24 each. Seah products are available at select salons across Canada. To find a store near you please call 1-800-463-3081.



**SPECIAL FOCUS ON:**  
**Hair Health**
**health & beauty 11**

# How big is your love?

## Married people more likely to gain weight: Study

**The J Spot**
**Josey Vogels**
[metronews.ca/thejspot](http://metronews.ca/thejspot)

Seems that old adage about people "letting themselves go" after marriage is true.

Research out of the University of North Carolina recently published in the journal *Obesity* followed 6,949 U.S. adolescents into young adulthood and found that those who married were more than twice as likely to become obese than those who just kept dating.

It isn't surprising that people put on weight once married. Instead of scarfing down a frozen Lean Cuisine before rushing out to meet your Monday night Singles' Rock Climbing

**"Obviously, we fall in love with a person, not their size but to deny that part of what drew you to your partner was their physical appearance is naïve."**

club, once married, you're more likely to sit down to a full meal together followed by a night in front of the TV, scarfing down a bag of potato chips while the svelte couple in your wedding portrait mocks you from the mantle piece.

Obviously this isn't an issue for many couples — just more to love, right? — but, as wonderful as it is to love and accept each other no matter what, it seems to me many people use this as an excuse to stop loving themselves.

And before you get on my case and think I'm implying that you can't love yourself if you're heavy or that you can't love and accept someone else who's heavy, I'm speaking more

specifically about people who don't start marriage that way.

According to this study, controlling your weight in a relationship can be tough and even cause strain in the relationship.

For example, if your partner is constantly bringing home junk food when he or she knows you're struggling with your weight it can make you feel resentful and unsupported.

Or, in some cases, if one partner manages to lose weight and get in shape, the heavier partner can sometimes feel threatened and insecure.

Asking a partner to lose weight will only make them feel defensive and ultimately less motivated

anyway.

So what do you do? Simply accept it as part of married life?

Obviously, we fall in love with a person, not their size but to deny that part of what drew you to your partner was their physical appearance is naïve.

If their looks change significantly during your relationship or marriage, isn't it also naïve to think this won't have an effect on your relationship?

What do you think? How would you feel if your partner gained a lot of weight? Would you say anything? If you and your partner have both gained weight, has it affected your relationship?

Go to Josey's Sexcetera blog at [metronews.ca/blogs](http://metronews.ca/blogs) and let us know how you feel.

Josey Vogels is a sex and relationship columnist and author of five books on the subjects. For more info, visit [joseyvogels.com](http://joseyvogels.com).



According to a recent study by the University of North Carolina, controlling your weight in a relationship can be tough and even cause strain in the relationship.

**You've become more conservative.**  
**We've become more flexible.**

**Scotia® GIC with Flex\***
**2-year rate**
**2.00%<sup>†</sup>**
**3-year rate**
**2.60%<sup>†</sup>**
**ACCESS YOUR MONEY AT ANY TIME**

Introducing the new Scotia® GIC with Flex\*.

It protects your initial investment and offers attractive early redemption rates.

For more details, visit a branch or [scotiabank.com/scotiagicwithflex](http://scotiabank.com/scotiagicwithflex)

**You're richer  
than you think.®**

**Scotiabank®**

\* Registered trademarks of The Bank of Nova Scotia. \* Available in non-registered and Tax Free Savings Accounts (TFSA) only. † This is the annual interest rate if held to maturity. Any Scotia GIC with Flex redeemed within 90 days of the issue date pays no interest. Interest on early redemptions will be calculated on a daily basis at an early redemption interest rate. The Scotia GIC with Flex can also be partially redeemed prior to maturity at a reduced interest rate. If the GIC principal amount is less than \$5,000, then the minimum withdrawal amount is \$1,000 and the remaining balance must be at least \$1,000. If the GIC principal amount is \$5,000 or greater, then the minimum withdrawal amount is \$1,000 and the remaining balance must be at least \$5,000. Note that the amount of interest paid upon early redemption will reflect the amount of interest already paid prior to that redemption. Rates are provided for information purposes only and are subject to change at any time.



# Learning Curve

SPECIAL FEATURES EDITOR: STEPHANIE.BOMBA@METRONEWS.CA

## No shortage of trade schools

JOEL MESSNER  
for Metro Calgary



### Calgarians have no shortage of trade schools to choose from.

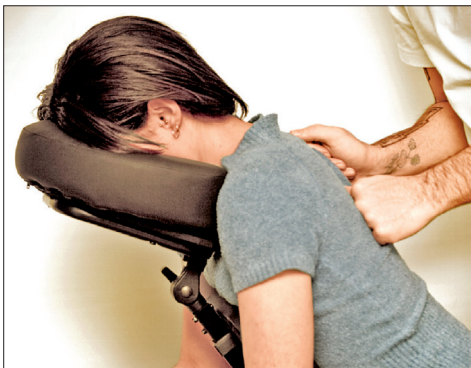
In Alberta, tradespeople learn their skills through a combination of working in the industry with a qualified Journeyman, and through technical training, according to the Southern Alberta Institute of Technology.

SAIT, which is one of the most popular trade schools in Calgary, offers specialized training in a number of different trades including diesel equipment technician, process piping drafting, railway conducting and dental assistant.

With specialized training in a total of 30 different trades, SAIT offer some of the most trades training in the city. The school is renowned for its training expertise spanning the trades as well as its curriculum development, which is supported by partnerships with business and industry to ensure graduates have the skills and knowledge required.

Calgary also has several specialized massage schools, including the Canadian College of Massage and Hydrotherapy, Foothills College of Massage Therapy and Professional Institute of Massage and Fitness.

If driving seems like a trade you'd like to enter in-



There are several specialized massage schools in Calgary.

to, more than one option is available: W.T. Safety Truck Driving School, CCA Truck Driver Training and A Driving School.

Hairstyling is another popular trade and Calgary does offer a number of specialized schools for those who want to venture into that field; some of the schools are DelMar College

of Hair Design and Zeneba Academy of Esthetics.

Calgarians also have online alternatives when it comes to learning a trade. Schools such as ICS Canada and Ashworth College can teach students aircraft mechanics, appliance repair, automotive mechanics, locksmithing, pet grooming and motorcycle repair all via online education.

When it comes to apprenticeship training, it appears as though SAIT is a Calgarian's best bet.

To become a Journeyman you must first find an employer willing to apprentice you. Then, you must register with Alberta Apprentice and Industry Training and work a set number of hours.

SAIT will then provide you with the technical training you need to head into your first apprenticeship.

## Earning a career in esthetics hard work

AMY GREGSON  
for Metro Calgary



### Schools in Calgary

- Beauty Depot
- Marvel College
- Rivage Institute of Advance Esthetics

After cycling through a number of jobs in sales and accounting, Amanda Ames decided to sit down and find a job that would allow her to be self-employed, learn a skill and be in an industry that would never die.

So, Ames, 25, decided to become an esthetician. It also didn't hurt that it was feasible in terms of tuition costs and time to get credentials.

"It's very valuable to me because not only do I get to have fun and do these services, but I also get wisdom from women," she said.

Ames thought schooling would be easy and that anyone could paint nails, talk to girls and put on makeup.

But she soon realized she was wrong: Students are required to learn skin and nail disorders as well as a lot of anatomy.

"I really appreciated that much theory," she says, "because now I'm quite educated and know quite a bit about skin, muscles, hands and bones, which is very beneficial."

Ames urges people to go to an accredited school because she feels that the

worse thing about the esthetics industry is that people teach bad habits.

"You can really hurt people in this industry, so it's important that girls get educated."

As a full-fledged esthetician, Ames is able to give manicures, pedicures, skin care, hair removal, the art of threading, electrolysis and cellulite treatment, just to name a few.

Ames said the best parts about being an esthetician is that it's a very relaxing environment, you never have to pay for treatments again and you bond with the women you meet.

It also allows Ames the flexibility to have an income no matter where she is in the world or if she becomes a mother.

If you're thinking of becoming an esthetician, Ames offers the following advice: Be a people person who is willing to take chances and take hold of your own destiny, as well as investigate in the industry before you begin.

## An Education Without Compromise

Why settle for second best? Set yourself apart from the competition with an MBA from UCAN. Our experienced faculty will share their industry knowledge and help you complete your degree in as little as one year! Need more flexibility? Choose to complete your MBA online and set your own pace. No matter how hectic life gets, UCAN has an MBA program that's right for you.

Make UCAN degree programs work for you, no matter where you are in the world. Students can choose to study part-time, full-time, on-campus or online. Our numerous delivery options allow you to set the pace for your studies. Working full-time shouldn't stop you from pursuing post-secondary education - flexible course schedules at UCAN make it easy to do both! Small class sizes, combined with industry-influenced curriculums and world-class instruction, means you'll get the education you want, when you want it.

Choose from a number of undergraduate and post-graduate degrees, including BCom, BA and MBA programs. All degree programs are available at campuses in Vancouver, Victoria and Singapore, as well as being administered online. Weekly start dates make it simple to jump into life at UCAN.

Accessible, Affordable, Available 24/7.  
Higher Education Within Reach.

1.877.431.6887 | Ucan.ca

UNIVERSITY CANADA  
WEST

Administration • Business • Continuing Education • High School Upgrading • English as a Second Language

Starts July 27, 2009. Call today to register!

**APPLY TODAY**

**AutoCAD**  
in just one month

Make your way to an exciting career in computer-aided design with our intensive AutoCAD program. In just one month you can earn a certificate and start working sooner. This hands-on program teaches all of AutoCAD's 2D and 3D features and commands.

[bowvalleycollege.ca/cad3](http://bowvalleycollege.ca/cad3)  
**403-410-1400**

Michellane  
Continuing Education Student

## Harry Potter midnight screening

There will be a special Harry Potter and the Half-Blood Prince screening at midnight tonight at Crowfoot Crossing, Empire Country Hills, Empire MacLeod Trail, Scotiabank Chinook and Sunridge Spectrum theatres. For the review and screen times, read tomorrow's Metro. **METRO NEWS SERVICES**



13

# Entertainment

EDITOR: DEAN.LISK@METRONWS.CA

## Ryan's big raise

According to the Hollywood Reporter, Ryan Seacrest has signed a deal worth \$45 million US to continue hosting American Idol for the next three years, more than tripling his old salary. **POPEATER.COM**



# Dead Weather goes with the music

BRYAN BORZYKOWSKI  
for Metro Canada

If anyone deserves the title "busiest musician in show-biz" it's Jack White. Besides fronting The White Stripes, the prolific artist is a producer, a record store owner and the guitarist and singer in the Raconteurs. So when White started yet another project, even he was surprised.

"I wasn't expecting to be in a new band on another tour," says White before a gig in Toronto. "Last fall I had an empty calendar. I can't believe what has happened in the last six months."

What's happened is The Dead Weather, a sludgy garage blues rock band that features The Kills' Alison



The Dead Weather is equal parts The White Stripes, Queens of the Stone Age, The Kills and The Raconteurs but their sound is unique, says drummer Jack White.

Mosshart on vocals, Queens of the Stone Age's Dean Fertita on guitar, Raconteurs' Jack Lawrence on bass and White on the skins.

It's a supergroup to be sure, but unlike, say, Velvet Revolver, the foursome isn't doing this to make a quick buck. The reason they formed the band, says

White, is because the music told them to.

"I do believe the music tells you what to do," he explains. "If the songs didn't emerge they wouldn't have told us to form a band. We're busy. We're not looking for something fun to do. There was a direct need to create these songs."

You can't just chalk this band formation up to some musical spirit having its way with the group — it helped that White became friends with Mosshart after the Kills opened for the Raconteurs.

Soon enough the friendship blossomed into a musical partnership when, on

one alcohol-fuelled night, the two songwriters, along with Fertita and Lawrence, recorded Gary Numan's Are Friends Electric. About 12 hours later they had written four other songs.

"We just kept writing," says Mosshart. "It was really a massive accident. We had so many songs that we really loved and we were having such a good time."

There's no question that these swampy goth-rock songs are fun, but they're no White Stripes or Kills. White admits that it might be difficult for people to get that this new band is different.

"If you put musicians in bands together people think the new group should therefore be better than the best Queens, Stripes and Kills songs put together," says White. "It's

impossible for fans not to have these preconceptions. I imagine it will take a couple listens to clear their head."

White also points out that just because this group doesn't sound quite like their other acts, doesn't mean The Dead Weather went into the studio consciously trying to create a new sound.

"It's very hard for people not to think it's pre-mediated and talked about," he says. "But, if we sat down and said who should be in this band, it would have been something else. If you go into it thinking I like this one Missing Persons album or I like this Frank Zappa record then maybe you'll get something, but it won't make sense. If it doesn't come naturally then it's not worth doing."

## A&E's Jackson family reality show in limbo

**SHOW** A&E is working on a reality project with the Jackson family that could gain newfound viewer interest in the wake of the King of Pop's death.

The network commissioned a one-hour special following Jackie, Tito, Jermaine, Marlon and Randy that was originally intended to serve as a "backdoor pilot" for a potential series. After Michael's unexpected death last month and subsequent intensive media coverage, the question for A&E becomes: What now?

"We are respecting the family's wishes right now, and at the appropriate time we will all decide what direction this program to take, so stay tuned," said A&E executives.

REUTERS

## GlobalStyle

### Kenya Hunt

Read Kenya exclusively at [metronews.ca/globalstyle](http://metronews.ca/globalstyle)

For complete online movie listings, trailers, reviews and tickets, visit: [metronews.ca/movies](http://metronews.ca/movies)

CA	Vu SC	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
7/14/09	267 351 - ACCESS	Alberta Primetime (Live)	Cupid 'Shipping Out'	Monk	America's Got Talent (N)	Primerime				
	243 317 3 CFCN	etalk	Hollywood	Canada's Next Top Model (N)	Law & Order: SVU	Criminal Minds (HDTV)	News (N)			
	- - 4 OMNI	Two/Half Men	The Simpsons	News	The Simpsons	King	Metropolis			
	- 371 5 KXLY	4 News at 6	4 News at 6:30	Entertainment	The Insider (N)	The Superstars (N)	Better Off Ted	Scrubs	Primerime	
	245 306 6 CBRT	Coronation St.	Jeopardy! (N)	Rick Mercer	22 Minutes	Being Erica (DVS)	CBC News: The National	The Hour	News Hour	
	244 338 7 CICT	ET Canada	Entertainment	NCIS	NCIS 'Love & War'	Murdoch Mysteries	Big Brother 11 (N)	News Hour	Your City	
	246 - 8 CKAL	Law & Order: SVU	Man Tracker	Man Tracker	According-Jim	According-Jim	Le Téléjournal et Les Nou	TJ Alberta		
	119 705 9 CBXT	Des saquelettes	Tout	Beautés désespérées (SC)	Bons baisers de France (SC)	Local Programming	Big Brother 11 (N)	48 Hr. Mystery		
	- - 10 SHAW	News (N)	Hollywood	The Doctors	NCIS 'Love & War'	Wild Lives	Okie Nodding	Drivers		
	- 372 12 KREM	NewsHour With Jim Lehrer	Nova scienceNOW (N)	Nova scienceNOW (N)	CBC News: The National	CBC News: The National	America's Got Talent (N)	The Simpsons	Raymond	News (N)
news	500 500 29 CNN	CBC News: The National	Mad, Bad & Ugly Drivers	Jeopardy! (N)	Wheel-Fortune	According-Jim	King of the Hill	Sex and-City	According-Jim	Fraser
	502 390 15 CBC	News (N)	Be-Millionaire	Jeopardy! (N)	Wheel-Fortune	According-Jim	King of the Hill	Larry King Live	Cooper 360	
	- 373 22 KAYU	(6) MLB Baseball All-Star Game. (HDTV) (Live)				According-Jim	King of the Hill	Jane Velez-Mitchell	Nancy Grace	
	297 652 37 WPIX	Hitched or Ditched	PIX News at Ten Tong.			Two/Half Men	Friends	Premier League Poker III (N)	Premier Poker	
	500 500 29 CNN	Larry King Live (N)	Anderson Cooper 360 (HDTV)			Two/Half Men	Friends	Sex and-City	According-Jim	Fraser
	508 500 31 CN2	Jane Velez-Mitchell	Nancy Grace			Two/Half Men	Friends	Larry King Live	Cooper 360	
	400 402 21 TSN	(6) World Poker Tour	SportsCentre (HDTV) (Live)			Two/Half Men	Friends	Jane Velez-Mitchell	Nancy Grace	
	408 418 27 net	(6) MLB Baseball All-Star Game. From Busch Stadium in St. Louis.				Two/Half Men	Friends	Premier League Poker III (N)	Premier Poker	
	410 403 30SCORE	Poker	Final Score	Final Score	Final Score	Two/Half Men	Friends	Sportsnet Connected	MMA Conn	
	411 457 44 OLN	(6) Cycling Tour de France -- Stage 10.				Two/Half Men	Friends	Sportsnet Connected	MMA Conn	
sports	417 406 48 SPEED	Super Bikes!	Drag Race	Drag Race	Drag Race	Cycling Tour de France -- Stage 10.		From Limoges to Issoudun.		
	552 543 20 YTV	iCarly	Family Biz	Prank Patrol	Prank Patrol	Pimp My Ride	Pass Time	Pimp My Ride	Super Bikes!	
	557 541 39 FAM	Zoezy 101	Wizards-Place	Han. Montana	Wizards-Place	Malcolm-Mid.	Futurama	Family Biz	Prank Patrol	Falcon Beach
	555 545 67 TOON	Ben 10	Johnny Test	Jimmy Two	Hope & Faith	Zack & Cody	Latest Buzz	Wizards-Place	Life Derek	Ned's School
	575 583 11 CMT	Reba	Reba	Hope & Faith	Hope & Faith	6TEEN	6TEEN	Futurama	American Dad	Robot Chicken
	553 546 17 TREE	Little Bear	Maggie-Beast	Comfy Couch	Zigby	Ultimate Garth: Hits	Home Improve.	Home Improve.	Reba	
	- - 18 CHTV	The Insider (N)	El News	Ruby	Ruby	Max & Ruby	Babar	Backyardigans	Ni Hao, Kai-lan	Go, Diego, Go!
	505 398 19 TWN	(5) EarthWatch One	EarthWatch One			Taking It Off	Babar	Better Off Ted	Rocker Moms	News (N)
	602 568 23 W	Style by Jury	Style by Jury	Style by Jury	Friends	EarthWatch Two				Confessions
	521 560 24 TLC	18 Kids-Count	Little Couple	Little Couple	Little Couple	Style by Jury	Style by Jury	Style by Jury	Style by Jury	Stager
family	603 561 25 FOOD	Hell's Kitchen	Good Eats	Good Eats	Good Eats	18 Kids-Count	18 Kids-Count	Little Couple	Little Couple	Stager
	615 520 26 A&E	The First 48 (HDTV) (N)	The Cleaner (HDTV) (N)	The Cleaner (HDTV) (N)	The Cleaner (HDTV) (N)	Iron Chef America	Iron Chef America	Unwrapped	Unwrapped	Iron Chef Am.
	617 522 32 SHOW	Trailer Park	The Outer Limits	The Outer Limits	The Outer Limits	The Cleaner (HDTV) (N)	The Cleaner (HDTV) (N)	Unwrapped	Unwrapped	Iron Chef Am.
	601 562 33 SLICE	Rich Bride, Poor Bride	Rich Bride, Poor Bride	Rich Bride, Poor Bride	Rich Bride, Poor Bride	The First 48 (HDTV) (N)	The First 48 (HDTV) (N)	Unwrapped	Unwrapped	Iron Chef Am.
	- 633 34 ENC2	Bustin' Loose	(7:25) The Wrong Guy ** (1998, Comedy)	Dog Day Afternoon **** (1975, Crime Drama)	Al Pacino.	Painkiller Jane	Til Debt-Part	Real Housewives OC	Trading Sp	
	520 505 35 DISC	Destroyed	Deadliest Catch (N)	Deadliest Catch (N)	Deadliest Catch (N)	ET Canada	Til Debt-Part	Real Housewives OC	Trading Sp	
	526 523 36 BRAVO	Crossroads of Rock N' Roll	Bravonews	Numus	Numus	ET Canada	Til Debt-Part	Real Housewives OC	Trading Sp	
	294 650 40 WPCB	Twister *** (1996, Action)	Helen Hunt, Bill Paxton.	Seinfeld	Seinfeld	ET Canada	Til Debt-Part	Real Housewives OC	Trading Sp	
	626 547 41 COM	Laughs	Comedy Now	Air Farce	Just for Laughs	ET Canada	Til Debt-Part	Real Housewives OC	Trading Sp	
	- 539 42 TCM	The Last Hunt		Gun Glory ** (1957, Western), Chill Wills		ET Canada	Til Debt-Part	Real Housewives OC	Trading Sp	
cable variety	628 584 43 SPIKE	Ways to Die	Ways to Die	Ways to Die	MANswers	ET Canada	Til Debt-Part	Real Housewives OC	Trading Sp	
	622 516 45 HIST	To Build a Nation	NCIS 'Singled Out'	NCIS 'Singled Out'	NCIS 'Singled Out'	ET Canada	Til Debt-Part	Real Housewives OC	Trading Sp	
	627 528 46 SPACE	Torchwood	Watchmen	Watchmen	Watchmen	ET Canada	Til Debt-Part	Real Housewives OC	Trading Sp	
	- - 47 AMC	(6) Rio Bravo *** (1959, Western)	John Wayne.	Two Mules for Sister Sara *** (1970, Western)	Shirley MacLaine.	ET Canada	Til Debt-Part	Real Housewives OC	Trading Sp	
	619 525 49 TROP	North of 60	Power Play "The Truth"	Tube Tales	Tube Tales	ET Canada	Til Debt-Part	Real Housewives OC	Trading Sp	
	600 564 50 HGTV	SarahCottage	Genevieve	House Hunters	House Hunters	ET Canada	Til Debt-Part	Real Housewives OC	Trading Sp	
	501 391 52 CTV	CTV News Tonight	News	CTV News	CTV News	ET Canada	Til Debt-Part	Real Housewives OC	Trading Sp	
	504 508 70 BNN	Squeeze Play	Market Call	Market Call	Market Call	ET Canada	Til Debt-Part	Real Housewives OC	Trading Sp	
	526 507 92 VIVA	The Closer "Overkill"	Ghostly Enc.	In Dreams	Psychic Inv.	ET Canada	Til Debt-Part	Real Housewives OC	Trading Sp	
	269 350 93 APTN	Wings-Canada	Tears	Chiefs-Champ	Tribal Treks	ET Canada	Til Debt-Part	Real Housewives OC	Trading Sp	

## critics' corner

### Being Erica

All it takes is one intimidating person to make someone leery of standing up for herself. In this episode, Erica has a new boss who's a real bully. To help her gain the confidence to confront him, Dr. Tom sends her back to university for a do-over with a fearsome professor in "The Secret of Now." 9 PM on CBRT



### Harold and Maude

Director Hal Ashby's dark 1972 comedy is the kind of movie you want to sit all your friends down to watch. Bud Cort and Ruth Gordon play the title characters, a death-obsessed young man and a 79-year-old woman who teaches him to love life. Awesome performances all around and a memorable Cat Stevens soundtrack. 4:15 PM on TCM

### Law & Order: Special Victims Unit

While investigating a triple murder, Detectives Benson and Stabler discover that one of the victims had been working at a strip club run by former Radio City Music Hall Rockette Birdie Sulloway, who tries to pitch in with her nephew to help solve the case, but the investigation takes an odd turn when the chief suspect suddenly dies in "Ballerina." 9 PM on CFCN: 11 PM on KHQ





Kate Moss is set to launch a \$1.5-billion-US business empire with music mogul Simon Cowell and businessman Sir Philip Green, *femalefirst.co.uk* reports. The power trio hopes the new company will be able to compete with Disney. **METRO NEWS SERVICES**

**Kate's in business**

## Celebrity Buzz

### Posh is gunning for Sex and the City sequel role

#### JUST WANTS TO ACT

Victoria Beckham is busy brushing up her acting skills in the hopes of landing a part in the next *Sex and the City* movie, according to the *Daily Mail*. Beckham wanted to take part in the first film, but the Spice Girls reunion tour schedule



made it impossible. "She really wanted to be in the last movie but wasn't able to," a source tells the *Daily Mail*. "This time she's keen to take part." Beckham had a cameo on *Ugly Betty* in 2007.

**METRO NEWS SERVICES**

### Longoria likes it when Tony ties her up

**LEISURE PURSUITS** Eva Longoria Parker likes being tied up during sex, female *first.co.uk* reports. The *Desperate Housewives* actress, who's married to basketball star Tony Parker, has revealed her most satisfying lovemaking sessions involve her being restrained in the bedroom. She revealed: "I'm not averse to being tied up with silk scarves. I like a man to take charge. There's something very sexy about being submissive."

As part of *Cosmopolitan*

magazine's Best Ever Sex survey, Kirsten Dunst also revealed she once had sex in a store changing room with actor Jake Gyllenhaal.

Former Spice Girl Mel B revealed her husband, film producer Stephen Belafonte, is the only person she has ever been in a relationship with who could match her sex drive. She said: "I know I'll always be faithful to Stephen because I've never met anyone before him who is sexually on a par with me."

**METRO NEWS SERVICES**



### Rachel's vocal cords get sliced and diced

**ALTERATIONS** After years of putting surgery off, TV host Rachael Ray has gone under the knife to repair her vocal cords, *popeater.com* reports. People magazine learned that Ray underwent the procedure last week. "Rachael decided to have a benign cyst removed from her vocal cord," said her rep. **METRO NEWS SERVICES**



### Lonesome Leonardo chats up the chicks

**PLAYAS** Leonardo DiCaprio, who recently split from model Bar Rafaeli, has been spotted at New York watering holes "with a bunch of dudes, talking to girls," sources tell Page Six. DiCaprio and "a crew of guys" were seen enjoying the company of "two stunning mystery females" at the Knave bar in Le Parker Meridien in midtown.

**METRO NEWS SERVICES**



Dial 10-10-925

Save with **yak**

Canada & USA NOW ONLY 5¢ MIN.

yak.ca

Assembly of First Nations

30<sup>th</sup> Annual General Assembly

Calgary TELUS Conventions Centre | July 20 - 23 2009

www.2009AFNhost.com

YOU COULD WIN

THERE'S SOMETHING WRONG WITH ESTHER.

ORPHAN

DOUBLE PASSES TO SEE AN ADVANCE SCREENING OF THE ORPHAN

6 LUCKY WINNERS WILL ALSO RECEIVE A \$100 FUTURE SHOP GIFT CERTIFICATE!

ENTER FOR YOUR CHANCE TO WIN! **metronews.ca**

No purchase necessary. Enter daily for more chances to win. Contest open to Canadian residents of legal age, excluding residents of Quebec. Contest closes July 17, 2009 at 3pm EST. Odds of winning depend on number of entries received. For full contest rules and details, visit [www.metronews.ca](http://www.metronews.ca)

**metro**

ComicsOnline For more cartoons, visit [metronews.ca](http://metronews.ca)

GO, FLY, BE FREE!!

LET ME GUESS, CITY GIRL?

www.TripUp.com

**LASIK MD** LASIK Now, Take Until 2014 to Pay!

LASER VISION CORRECTION

Starting at

**\$490** /eye\* ~~TAX~~

NEW FINANCING

2014

5 YEARS TO PAY!†

Dr. Richard Leger MD, FRCS(C) 40 000 procedures

FREE Consultation: 403-444-4444

CALGARY: 734, 7th Avenue SW, Suite 900

[www.lasikmd.com](http://www.lasikmd.com)

\* Prices are subject to change without prior notice. Prices vary based on prescription strength. Applicable to surgery on both eyes only. † 60 month financing, starting at 8.9% interest, and subject to Desjardins Card Services credit approval.

Consumers' Choice Award 2008 for Business Excellence

Accord D Desjardins

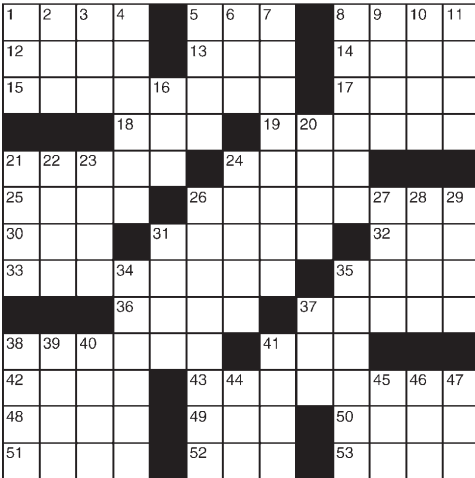
Halifax | Montréal | Ottawa | Toronto | Winnipeg | Edmonton | Vancouver



**Andrew Schultz, Weather Specialist – Breakfast Television**

"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta."

WEEKDAYS AT 6 A.M.



**Crossword across**

- 1 Soother
- 5 Vacationing
- 8 Cavort
- 12 Concept
- 13 Island souvenir
- 14 Ontario neighbour
- 15 Welcome information
- 17 Confront
- 18 Coffee holder
- 19 Semi, e.g.
- 21 Pie nut
- 24 Slender
- 25 Destroy
- 26 Bargain
- 30 A Gershwin brother
- 31 Houston hockey team
- 32 Pi follower
- 33 Bible
- 35 On in years
- 36 Wriggly swimmers
- 37 Travelocity mascot
- 38 Old Portuguese money
- 41 Crone
- 42 Body powder
- 43 "I hope you succeed"
- 48 Lotion additive
- 49 Anger
- 50 Needle case
- 51 Stamina
- 52 Letterman's network
- 53 Exemplar of 24-Across

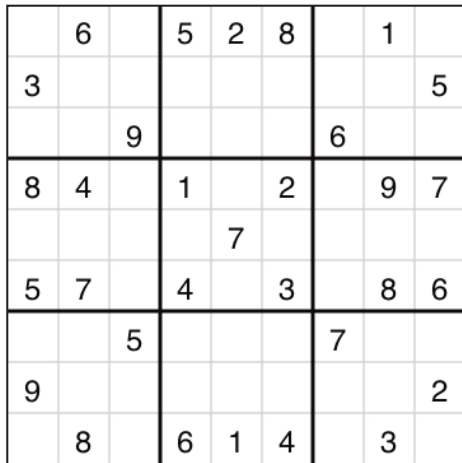
**Crossword down**

- 1 Ginormous
- 2 Commotion
- 3 Zodiac cat
- 4 Nut
- 5 Couturier Cassini
- 6 Not a lot
- 7 End of the line?
- 8 Money back
- 9 Exam format
- 10 Sightless trio of rhyme
- 11 Equal
- 16 Sister
- 20 Helps
- 21 Overly proper one
- 22 38-Across' replacement
- 23 "Arrivederci"
- 24 Barcelona bulls
- 26 Re earth science
- 27 Therefore
- 28 Throat sound
- 29 Prospector's find
- 31 Sleeping
- 34 Low cards
- 35 User of 7-Down
- 37 Peregrinate
- 38 List-ending abbr.
- 39 Post-Christmas event
- 40 Stop up
- 41 Weeding tools
- 44 Sphere
- 45 Multipurpose truck
- 46 Prompt
- 47 Youngster

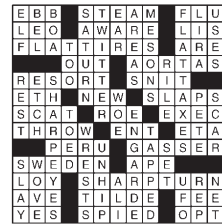
**Sudoku**

For more/less challenging Sudoku puzzles, visit [metronews.ca](http://metronews.ca)

**HOW TO PLAY:** Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



**PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:**



6	7	1	8	5	2	4	3	9
5	3	4	7	9	6	1	8	2
9	2	8	4	1	3	6	7	5
7	5	9	3	8	4	2	6	1
1	8	6	9	2	7	3	5	4
3	4	2	1	6	5	7	9	8
4	6	5	2	3	8	9	1	7
8	9	7	6	4	1	5	2	3
2	1	3	5	7	9	8	4	6

Find today's answers + play more games at [metronews.ca](http://metronews.ca)

**SUDOKU SOLVE TIME:**

- Under 13 min .....Genius
- 13-17 min .....Scholar
- 17-21 min .....Smart
- 21-25 min .....Not bad
- 25+ min .....Keep practising

**Metro Recipe of the Day**



**Chicken Strips with Garlic Sauce**

**INGREDIENTS:**

- 1 lb (500 g) boneless, skinless chicken breasts
- 4–6 cloves garlic
- 2 tbsp (25 ml) Dijon mustard
- 1 tbsp (15 ml) tomato paste
- 2 tbsp (25 ml) wine vinegar
- 4 tbsp (60 ml) chicken stock or water
- 4 scallions
- 2 tbsp (25 ml) olive oil
- 1/2 lb (250 g) vermicelli
- Salt and black pepper
- 2 tsp (10 ml) cornstarch
- 3/4 cup (175 ml) table cream

**METHOD:**

1. Put pot of water on to boil for vermicelli. Cut chicken breasts diagonally into long, thin strips.
2. Peel garlic and crush into bowl. Stir in mustard, tomato paste, vinegar and stock or water.
3. Rinse and dry scallions. Holding them together firmly, slice green parts finely and push to one side, then slice white parts finely and keep separate.
4. Heat 1 1/2 tbsp (20 ml)

oil in frying pan over high heat. Stir-fry chicken 1–2 minutes, until white.

5. Stir garlic and vinegar mixture into pan and add white parts of scallions. Bring to boil, cover, and simmer gently 5 minutes.
6. Meanwhile, add vermicelli and some salt to boiling water. Return to boil and cook 3 minutes, then drain well and toss in remaining olive oil.
7. Blend cornstarch with a little cream and stir into chicken. Add green parts of scallions, reserving some for garnish, then add remaining cream and season to taste. Stir over moderate heat 2–3 minutes until sauce thickens.
8. Serve chicken and sauce over vermicelli and garnish with reserved slices of scallion.

**SERVES 4**



**Horoscopes by Sally Brompton**

[sallybrompton.com](http://sallybrompton.com)

**ARIES**  
**MARCH 21-APRIL 20**  
If you say too much or go too far today you will leave others standing in amazement — which is precisely what you were hoping for!



**TAURUS**  
**APRIL 21-MAY 21**  
Not everyone will agree with your verbal musings today but that won't stop you. It will only encourage you to double your efforts to persuade.



**LIBRA**  
**SEPT 23-OCT 23**  
Have you considered the possibility that the universe is trying to tell you something? Maybe you should stay right where you are.



**SCORPIO**  
**OCT 24-NOV 22**  
It's good to be assertive but it's not so good if you try to coerce people into doing things that run counter to their interests.



**GEMINI**  
**MAY 22-JUNE 21**  
The Sun's alliance with your ruling planet Mercury today is generally a good thing but it also warns that you need to take care when it comes to deals.



**SAGITTARIUS**  
**NOV 23-DEC 21**  
A minor disagreement over a money-related matter could get blown out of all proportion, so watch what you say.



**CANCER**  
**JUNE 22-JULY 22**  
You might not want to make waves but if you don't say your piece now you may not get another chance until much later in the year.



**CAPRICORN**  
**DEC 22-JAN 20**  
It may look as if others are ganging up on you but are they really, or is it just that you are super sensitive at the moment?



**LEO**  
**JULY 23-AUG 23**  
You don't have to try to decipher every simple message that comes your way. Take what you are told at face value today.



**AQUARIUS**  
**JAN 21-FEB 18**  
You may want to help those in need but you have needs too and they will inevitably conflict with what other people expect of you.



**VIRGO**  
**AUG 24-SEPT 22**  
A friend will give you some extraordinarily good news today but for some reason you will be reluctant to accept it. Don't be so defeatist.



**PISCES**  
**FEB 19-MARCH 20**  
No way are you going to keep a low profile today. You have plenty to say and lots to prove and if others resent your me-first attitude, that's too bad.



**Rentals and Sales**

Christopher Kellett | 403.990.9297 | [www.serlox.com](http://www.serlox.com)

Licensed MLS Realtor for Power Properties with 10 years Property Management Experience

**ADVENTURE!**  
Teach English Overseas

TESOL Certified in 5-Days  
In-Class or Online NO DEGREE REQUIRED!

**1-888-270-2941**

**FREE** Info Seminar... Call for details!

**Job Guaranteed**

[globaltesol.com](http://globaltesol.com)

**SEE us first for:**

- **FREE** Vision Testing\*
- Designer Eyewear • Contact lenses
- Blue Cross direct billing

\*some restrictions apply

**Calgary Optical**  
& CONTACT LENS

New bigger and brighter location

100, 1000 – 8th Ave SW • 403-262-6690 • [www.calgaryoptical.com](http://www.calgaryoptical.com)



# AIR CANADA VACATIONS

Save  
up to **40%**  
on Air & Hotel packages<sup>1</sup> to  
**EUROPE**

— plus —

get a **FREE**  
city tour

## Paris via Toronto or Montreal

### All Seasons Paris Gare Est • 3 ★

Breakfast

Standard rm.

Aug. 17 - 19 • 1 wk.

Free Tour: Half-day Paris city tour

**\$1149**

Taxes & fees: \$423

## London

### The Hotel Russell • 4 ★

Breakfast

Standard rm. special

Aug. 3 - 6 • 1 wk.

Free Tour: Hop-on / hop-off tour  
of London by open top bus

**\$1249**

Taxes & fees: \$481

## DEALS to the **SUN**

### Cancun / Riviera Maya

#### Occidental

#### Grand Xcaret • 4 1/2 ★

All-Inclusive

Supersaver deluxe rm.<sup>2</sup>

Sept. 12 • 1 wk.

**\$769**

Taxes & fees: \$286

### Cancun / Riviera Maya

#### Gran Bahia

#### Principe Tulum • 5 ★

All-Inclusive • Standard rm.

Sept. 12 • 1 wk.

**\$849**

Taxes & fees: \$286

### Santa Clara

#### Barceló Cayo

#### Santa Maria • 4 ★

All-Inclusive • Junior suite

July 19 & 26 • 1 wk.

FREE upgrade to Junior suite ocean view  
(subject to availability)

**\$789**

Taxes & fees: \$218

### Meliá Las Dunas • 4 ★

All-Inclusive • Standard rm.

July 19 & 26 • 1 wk.

**\$859**

Taxes & fees: \$218

## Honolulu, Hawaii

via Vancouver

### Aqua Aloha

#### Surf & Spa • 3 ★

Continental breakfast

Surf 2009-Moderate

partial city view room

Sept. 7, 10, 13 & 17 • 1 wk.

**\$889**

Taxes & fees: 161

## Maui, Hawaii via Vancouver

### Aston at the

#### Maui Banyan • 3 ★

One bedroom / one bathroom

standard suite

Sept. 5 & 19 • 1 wk.

**\$1099**

Taxes & fees: 161

## Turks & Caicos via Toronto

### Comfort Suites • 3 ★

Continental breakfast

Standard junior suite

Aug. 15 & 29 • 1 wk.

**\$1079**

Taxes & fees: \$253

## DEALS on CRUISES

### Royal Caribbean International<sup>3</sup>

#### Enchantment of the Seas<sup>®</sup>

Western Caribbean

Flights to Fort Lauderdale via Toronto

All meals included

Oceanview stateroom, cat. I

Sept. 5 • 5 nts.

**\$979**

Taxes & fees: \$229

### Adventures of the Seas<sup>®</sup>

Southern Caribbean

Flights to San Juan via Toronto

All meals included

Interior stateroom, cat. M

Nov. 1, 29, Dec. 6 & 13 • 1 wk.

**\$1429**

Taxes & fees: \$262

Earn up to 8,600 Aeroplan<sup>®</sup> Miles per member<sup>4</sup>

Executive Class<sup>®</sup> service from only \$299 extra<sup>5</sup>

**aeroplan**

CONNECT FREE<sup>4</sup> • Edmonton • Lethbridge • Nanaimo  
Regina • Saskatoon • Kelowna • Kamloops

**aircanadavacations.com**  
Call 1 866 529-2079 or your travel agent

Departure taxes are extra and must be paid locally: Costa Rica, 26 USD cash; Cuba, 25 CUC cash. Prices in this ad are valid for bookings made between July 14 & 18/09, inclusive. Prices are per person based on double occupancy, unless otherwise stated, from Calgary International Airport. New bookings only. Subject to availability. Not applicable to group bookings. Sale prices reflect applicable reductions, are subject to change without notice and cannot be combined with any other offer or promotion. Flights operated by Air Canada. For applicable terms and conditions, consult the Air Canada Vacations brochures. <sup>1</sup>Aeroplan Miles are not actual miles, but points towards rewards including travel rewards. Unless otherwise indicated, Aeroplan Miles indicated are based on roundtrip Economy class per passenger from Calgary to London, are awarded on flight-inclusive travel only, and are per Aeroplan member. For the amount of Aeroplan Miles that can be earned when flying to other destinations, visit [www.aircanadavacations.com](http://www.aircanadavacations.com). For terms and conditions of the Aeroplan program, consult [www.aeroplan.com](http://www.aeroplan.com). <sup>2</sup>Minimum stay: 2 nights. Please request your free tour at time of booking. <sup>3</sup>Xcaret park entrance not included with this room. <sup>4</sup>Royal Caribbean International Ltd. ships' registry: The Bahamas. <sup>5</sup>Available in conjunction with flight-inclusive packages. Non-stop flights via Vancouver. Excluding USA & Europe destinations. <sup>6</sup>Available on select flights. Full details available at [aircanadavacations.com/executiveclass](http://aircanadavacations.com/executiveclass). <sup>7</sup>Aeroplan is a registered trademark of Aeroplan Canada Inc. <sup>8</sup>Air Canada Vacations is a registered trademark of Air Canada, used under license by Touram Limited Partnership. Visit [www.aircanadavacations.com](http://www.aircanadavacations.com) for up-to-date information.